



Summary of Product Characteristics (SmPC)

(This information is intended for use by health professionals).

1. Name of the product: Trinutrex

2. Pharmaceutical form: Hard gelatin capsule

3. Qualitative and quantitative composition

Each hard gelatin capsule contains:

- **Alcoholic extract of leaf of *Ginkgo biloba*** **60 mg.**

Extraction ratio: (35-67) : 1

Extract solvent: Ethyl Alcohol

Standardized as: 22– 27% Flavonoids as Flavonol glycosides,

5.4 – 12.0% Terpene Lactones as (Bilobalide, Ginkgolide A, B and C).

- **Alcoholic extract of *Panax ginseng* root** **100 mg.**

Extraction ratio: (3-7):1

Extract solvent: Ethyl Alcohol

Standardized as: NLT 3% of ginsenosides (Rg1, Re1, Rb1, Rc, Rb2 and Rd)

- **Lyophilized Royal Jelly powder (6% 10- HAD)** **200 mg.**

- Equivalent to fresh Royal Jelly **600 mg.**

4. Clinical Particulars

4.1-Therapeutic indications:

This herbal medicine is used for

-Improvement of mental and physical health.

-Symptoms of asthenia such as fatigue and weakness.

4.2-Posology and method of administration:

Adults and elderly

A- **Route of administration:** Oral

B- **Recommended dose & Frequency:** One capsule three times daily after meals
Or as directed by a physician.

C- **Duration of use:**

- Duration of use up to 3 months.

-If the symptoms persist for more than 2 weeks, a doctor or a qualified health care practitioner should be consulted.

-The use in children and adolescents under 18 years of age is not recommended.

4.3-Contraindications:

Hypersensitivity to the active substance, Bee products, or any excipient listed in section 6.1.

-Royal jelly should be avoided in asthma.

-Patients with known risk factors for intracranial hemorrhage.

5-Pharmaceutical particulars:

5.1-Shelf life: Two years

5.2-Storage conditions: keep at a temperature not exceeding 30°c in a dry place.